

WILTSHIRE COUNCIL

SALISBURY AREA BOARD 9th March 2017

SALISBURY'S HEALTH & WELLBEING GROUP UPDATE

1. Purpose of the Report

- 1.1. To update the board on matters debated and progressed by the Health & Wellbeing Group in 2016/17.

2. Background

- 2.1 All area boards were asked to set up a Health & Wellbeing Group (HWG) in early 2016/17 with the following terms of reference:

The Health and Wellbeing Group is a sub group of the Community Area Board. It represents a wide range of community stakeholders who work in partnership to facilitate well-being across the community area. People and organisations living and working in the community play a direct role in setting the agenda for this group. The main responsibilities of the group are:

- Awarding grants that support the priorities identified in the local Joint Strategic Needs Assessment (JSNA).
- Ensuring that any grants and activities take into account any applicable safeguarding implications.
- Making recommendations to the Community Area Board on how priorities for funding should be determined (to include evaluating opportunities for applying for grants)
- Monitoring and reporting on the quality and effectiveness of local activities and grants.
- Based on the JSNAs, local intelligence and Area Board priorities coordinating joint working to deliver these objectives.
- Addressing any conflicts of interest that may arise as part of the local decision making process.

- 2.2 The first meeting of the Salisbury HWG took place in June 2016 when it began discussions with a set of local partners to agree priorities that would focus the groups work (see [appendix 1](#) for the list of partners associated with this group).

3. Progress update

- 3.1. The group has agreed the following set of priorities for the next 2 years (these support and complement those priorities agreed at the Our Community Matters event in December last year), and is working to the action plan in [appendix 2](#):

- men's health (for the over 65s)
- mental health of unpaid carers (over 65s)
- identifying the under-represented groups in Salisbury and discerning a plan that more effectively targets their health and wellbeing needs

3.2 At the February 2017 meeting of the group, partners discussed a range of local actions in regard to men's health, including :

- exploring opportunities to set up men's sheds
- set up new dementia men's groups to complement and build the capacity needed in relation to existing groups
- working with Age UK in regard to its 'tackling loneliness campaign'
- getting involved in the Big Lunch initiative on the 18th June
- organising some trips out for men using local community transport

3.3 In addition, at the February 2017 meeting, the group discussed:

- (a) the logistics, merits and scope of increasing the number of community defibrillators in Salisbury
- (b) the outcome of projects awarded grants from the HWG budget during 2017. These included the dementia dance project, the sheltered housing projects (zumba and oral history), the Domestic Abuse awareness raising event and the Safer Salisbury event. Approximately 100 people over the age of 60 have benefited from the projects funded this year – the Zumba project proving to be the most popular.
- (c) The need to ensure that the voice of older people was influencing how the HWG prioritised spend from its budget. This will be achieved through stronger collaboration with Age UK's Older People's Forum.

4. Recommendation

4.1 That the board notes this progress update and thanks all those involved in this work.

Report Author: (KAREN LINAKER – COMMUNITY ENGAGEMENT MANAGER)
Tel No: 01722 434697
E-Mail: karen.linaker@wiltshire.gov.uk

Appendix 1

- Older Person's Champion
- Carers Champion
- Lead councillor from Salisbury Area Board
- City Councillor representative
- Age Uk
- Carers Support Wiltshire
- Alzheimer's Society
- SW Mencap
- Safe Places Scheme
- Community Health Team
- Salisbury Medical Practice
- Salisbury Hospital
- Healthwatch Wiltshire
- Citizen's Advice Wiltshire
- Swan Advocacy
- Wiltshire Council's Tenants Participation Service
- Salisbury Business Improvement District (BID)
- Salisbury Arts Festival
- Salisbury Churches Together
- Quaker's
- Salisbury Mosque
- Care Support Volunteers Charity
- Dorset & Wiltshire Fire Service
- PCSOs
- Sarum College Chaplain
- Rethink Mental Health
- South Wilts Mencap
- Wiltshire Mind
- Community Transport South Wilts

**SALISBURY COMMUNITY AREA'S
HEALTH & WELLBEING GROUP
ACTION PLAN**

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| 1. | <p>Focus on the following three priority groups for 2017:</p> <ul style="list-style-type: none"> i. Men's health (over 65s) ii. The mental health of unpaid carers (over 65s) iii. People with autism (age band to be defined) <p><u>Possible Projects</u>: discuss the lists attached</p> |
| 2. | <p>Strengthen the 'older people' and 'carers' champions' roles.</p> <ul style="list-style-type: none"> i. Provide some <u>local</u> training and development for the role ii. Focus on one division (as a pilot) and find some additional champions who can assist the main champions (work with the 'know your neighbour' idea) |
| 3. | <p>Jointly with the Safer and Supportive Salisbury Group, devise a series of workshops / interactive activities on health and wellbeing issues, i.e. keeping diabetes at bay, trips and falls, alcohol dependency, dementia (aligned to the Joint Strategic Assessment data and to the priority groups listed in 1)</p> |
| 4. | <p>Improve the communication and co-ordination of information on what is available to support/help the health and wellbeing of 55+ and vulnerable people</p> <ul style="list-style-type: none"> i. Invest in some community information boxes, to match the tourist info boxes around the city ii. Carer's Champion to work with Health Watch Wiltshire to ensure that the entries for Salisbury on the Your Care Your Support Directory include all groups, services, societies etc, in addition to the key charities and public services iii. Use the digital champions to help those people who might not be able to access the Your Care Your Support directory iv. Use the workshops and interactive activities (as in 3 above) as a means for signposting and disseminating info |
| 5. | <p>Ensure the activities and projects of the group are fully inclusive</p> <ul style="list-style-type: none"> i. Map out Salisbury's hard to reach groups, i.e. mental health service users, LGBTG, BME, victims of DV, people on ASD |

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| 6. | Ensure any new projects, initiatives or activities are fully accessible in terms of transport support <ul style="list-style-type: none">i. Devise a campaign to get more volunteers MIDAS trained – use the Five Rivers Community Busii. Liaise closely with local community bus providers about the new projects and activities.iii. Improve take up of the Shuttle for Five Rivers |
| 7. | Raise awareness/improve access to art, cultural and leisure activities <ul style="list-style-type: none">i. Facilitate a city-wide programme of taster sessionsii. Develop (to complement other similar schemes) a befriending scheme that is well populated with befrienders to help those in isolation who want to access cultural activities |